Installing Tiki on AMPPS
"AMPPS is an easy to install software stack of Apache, Mysql, PHP, Perl, Python and Softaculous auto-installer that can be used on Desktops and office servers." http://www.ampps.com/
This is provided by the same team as Softaculous, and thus, you can install any of hundreds of scripts available, including Tiki. It also handles upgrades. It is not Free/Open Source software but it's free to use. See their site for details.
How to install AMPPS
http://www.ampps.com/wiki/Install
How to install an application (such as Tiki)
http://www.ampps.com/wiki/Install_a_Script